

## Keeping Commitments

Matthew 5:33-37

think

**Have you ever heard these expressions?**

I swear to God I'll be there!

"I swear by Almighty God to tell the truth, the whole truth, and nothing but the truth."

'I take you....to be my wife/husband....for better, for worse...till death us do part. In the presence of God I make this vow.'

**When might these oaths be said?**

**How is taking an oath different from just saying plainly that you will do something?**

discover

**Read Matthew 5:34a, 37:** *"<sup>34a</sup>But I say to you, Do not take an oath at all..... <sup>37</sup>Let what you say be simply "Yes" or "No"; anything more than this comes from evil."*

**What does Jesus say here about taking oaths?** - answer true / false for the following:

- (a) It's ok to swear by God, or the Bible, if the other person is more likely to believe you.
- (b) It's good to make our promises stronger by asking for bad things to happen to us if we don't do what we say.
- (c) It's okay to 'swear' to do something if you hear other people saying that?
- (d) Don't take an oath, or say "I swear". Just speak the truth and keep your commitments.

**What reason does Jesus give in v37? Why do you think he says this?**



make

On the craft sheet overleaf, around the bible verse, draw examples of things you have committed to doing, in the past or currently. Then ask God to help you to keep your commitments even when that's hard, and to be someone who's word others can trust.

**All you need to say is simply 'Yes' or 'No'; anything beyond this comes from the evil one. Matthew 5:37**